

UCLA Department of World Arts and Culture/Dance

Instructor: **Jackie Lopez aka Miss Funk**

Beginning Hip Hop

Reference & Course Number: **Dance 9**

Room: **1000**

Office Hours: **Thursday 4:30pm -5:30pm (Office hours by appt only, please email in advance)**

Course Description:

This course is a Beginning study of Streetdance, focusing on the foundation and technique of Hip Hop (party dances) and Locking. This level course will focus on the basic grooves of each dance style, while also exploring rhythmic isolated muscle movements & movement precision for several vocabularies. The history and understanding of these Street Dance Styles will be discussed in class to fully understand the essence of all styles learned and its importance and connection to community, specifically how it all began within the POC communities within USA.

Note: The overall approach in this course is inspired by the Lecturer's personal philosophy, research and professional experience as a dancer, choreographer and participant in the field of Streetdance/Hip Hop dance culture. Jackie Lopez aka Miss Funk has been an active participant of this culture for over 26 years.

Course Objectives:

Students will leave with:

- Enhanced awareness of Hip Hop and Locking, Popping; the timelines, i.e. innovation/creation of these three dance styles
- Gain a brief historical understanding of Hip Hop and Locking and its roots
- Demonstrate basic style, technique and vocabulary of Hip Hop and Locking.
- Review and discuss dance videos demonstrating Hip Hop and Locking and it's evolvement throughout the world
- Discuss and identify the pioneers and innovators of Hip Hop and Locking.
- Discuss and develop a clear understanding of dance/culture and discuss their social, economic and political impact on Hip Hop culture

Course Timeline:

- Week 1 -5:
 - Tues: Provide vocabulary fundamentals & phrases within Locking
 - Thurs: Provide vocabulary fundamentals & phrases within Hip Hop
- Week 6: In-Class Final (will elaborate on the details for final in class) consisting of Locking and Hip Hop

Evaluation Percentage Distributions:

Participation = 75 points	(75%)
Final Exam = 25 points	(25%)
Total Points Possible = 100	(100%)

Grading Scale:

A+	100
A	99 - 90
B	89 - 80
C	79 - 70
D	69 - 60
F	59 and below

Extra Credit:

Each student will be given an opportunity to earn extra credit. These opportunities are offered as a way for students to make up (unavoidable) absences and/or further their understanding of the material being covered in this course.

This includes writing a well thought out review on a live Hip Hop performance and/or Hip Hop pioneer dancer recommended by the instructor. Each extra credit opportunity will be worth three points. A limit of two extra credit opportunities will be allowed per student.

Participation:

In evaluating your participation, whether or not you were in your presence is coupled with consideration of the quality of your involvement. Participation includes but is not limited to:

- Concentration and alertness in class
 - Consideration of others
 - Ability to accept constructive criticism
 - Positive, full physical involvement in all movement experiences
 - Openness and willingness to try new things (i.e. leave attitudes that hinder openness to the principles of the course outside of the class such as frustration with pace of class dislike of movement style).
 - Evaluation of the student's individual rate of technical progress over the quarter. How you approach the material, the relevance and thoughtfulness of your contributions (i.e. questions and/or comments) are all part of participation.
- **Attire:**
Students should wear comfortable, loose non-restrictive clothing (i.e. sweat pant and cotton shirt) no tight clothing, jeans or slacks will be allowed. Clothes that inappropriately expose the student's bodies will not be allowed in class (i.e. sheer clothing with no undergarments, extremely short shorts, or shirtless attire for male students). A cross trainer shoe/sneaker is highly recommended in order to give students the shock absorbency and arch support needed to fully execute movements with the least amount of risk for injury. Students should be prepared to remove jewelry during class. This includes large earrings, watches, necklaces, etc. Kneepads are recommended.
 - **Attendance & Tardiness:**
For every absence 5 points will be automatically deducted from your grade. In case of emergency such as illness or death 1 point will be deducted for each day missed. Doctors note or copy of death certificate must be presented to teacher for illness and/or death in family. It will be your responsibility to get acquainted with any materials missed. More than four (2) absences, without exception, will result in automatic failure of the course. If you find yourself in this situation a withdrawal from the course is suggested. Students are allowed 1 unexcused lateness. For each additional lateness, two (2%) percent will be deducted from your final grade. Students arriving more than 15 minutes late will be considered absent.

Recommended Readings:

1. *Cant Stop Wont Stop*

2. *Yes Yes Yall*

3. *Last Night A DJ Saved My Life*

4. *The New Beats*

5. *New York Ricans from the Hip Hop Zone*

Jeff Chang

Jim Fricke & Charles Ahearn

Bill Brewster & Frank Broughton

S.H. Fernando Jr.

Raquel Z. Rivera

Health/Safety ~ General info on prevention and care of injuries.

1. **Health Screening.** Dance can be a very physically demanding activity. Therefore, it is imperative if you have an injury or other medical condition which could be worsened by exercise, that you:
 - a. see a doctor at the Student Health Center or a private medical facility of your choice, and
 - b. provide your instructor with a note from this physician regarding any recommend exercise limitations.

2. **Health Insurance.** You are encouraged to find out about your medical coverage at the beginning of the quarter. Then, if an injury occurs, you will know where to go, what will be covered, and any other procedures necessary to facilitate appropriate treatment.

3. **First Aid Supplies.** First aid supplies are not available through the WAC/D department and you will have to go to Student Health Services or another medical center of you choice if such supplies are needed. Therefore, you are encouraged to regularly carry in your dance/exercise bag any supplies which you might need or regularly use such as: band-aids, antibiotic ointment, blister care supplies, coach tape, an elastic bandage, disposable ice bags, and appropriate medications.

4. **Injury Procedures.** One very important measure for preventing injuries is an adequate warm-up. Please avoid being late for class and missing this important element of class. If you are late, check with your instructor regarding appropriate procedures for warming up.
If an injury should occur during class, please let your instructor know immediately.

RICE: Rest – Ice – Compression – Elevation – these are key principles to know regarding immediate response to an injury. However, if it is serious and you are not able to move, stay calm and still until the appropriate medical personnel arrives to attend to your injury.

CENTER FOR ACCESSIBLE EDUCATION: Students needing academic accommodations based on a disability should contact the Center for Accessible Education (CAE) at (310)825-1501 or in person at Murphy Hall A255. When possible, students should contact the CAE within the first two weeks of the term as reasonable notice is needed to coordinate accommodations. For more information visit www.cae.ucla.edu."

>> Consult with the Chancellor's ADA/504 Compliance Office for any issues involving compliance with federal and state law and University policy pertaining to disability issues.

It is the student's responsibility to inform the instructor of any conditions that would require accommodation in class.

If you wish to request an accommodation due to a suspected or documented disability, please inform your instructor and contact the Center for Accessible Education as soon as possible at A255 Murphy Hall, 310.825.1501, 310.206-6083 (telephone device for the deaf). Website: <https://cae.ucla.edu/>

Wellness Statement

We are still in a public health emergency. Your health and well-being, and that of our community, are essential. So, as valuable as it is that you attend class, if you feel sick, regardless of whether it's related to the flu, COVID, mental health, food poisoning, etc, please stay home to keep yourself and the Oxy community healthy. Similarly, if you have a known exposure to someone who has tested positive for COVID-19, please be in contact with the Ashe Center COVID hotline at (310) 206-6217 about which activities are permissible, and err on the side of caution whenever you are in doubt.

If you are going to miss class, send us an email letting us know, and we will work together to ensure you can find out about the key activities you missed. We don't need to know any specific information about your personal situation, however if you do feel comfortable sharing, we can connect you with support resources at UCLA. If your attendance and communication are sparse, we will become concerned and eventually will escalate the situation so that you can be provided with additional support.

Students are expected to wear masks at all times during all indoor classroom activities. Students should not eat or drink during indoor class activities; please step outside if you need to remove your mask for even a brief period of time.

UCLA policy on Absences

According to university policy, there are extenuating circumstances that define excused absences in cases such as severe injury, loss of a family member, religious holidays, etc. If the student feels that she/he has missed/will miss a class that falls into this category, the student should immediately meet with the instructor to arrange completion of missed assignments. Students can review university absence policy. Additionally, it is the student's responsibility to inform the instructor in a timely manner of any missed class due to the observance of a major religious holiday and arrange completion of missed assignments.

UCLA policy on Plagiarism

*Students must conform to the UCLA's rules on Academic Integrity and will be held responsible for transgressions of the policy. Please familiarize yourself with the *Student Guide to Academic Integrity* on the Dean of Students' website at: <http://www.deanofstudents.ucla.edu/integrity.html>.