

PHYSED 104 : Aquatics and Water Safety

Education and Social Work

Course Prescription

Studies aquatic activity with an emphasis on the practical competencies that underpin safe and engaging recreation in Aotearoa New Zealand. Includes drowning prevention promotion and water safety education with particular reference to high-risk activities and at-risk groups, including children and youth. Demonstrate responsibility in aquatic environments including developing a range of aquatic skills, identifying hazards, and care for aquatic environments.

Course Overview

The course includes a combination of daily classroom and pool based sessions. In addition, you will be introduced boating safety, kayaking and stand-up paddle boarding in a 'closed' open water contexts. You will be introduced to aquatics activities at a local beach (open water) environment. Assessments for this course will include practical leadership of aquatics safety learning activities and a 4 hour test / assignment focussed on aquatics safety that will be completed at home.

Course Requirements

Restriction: EDCURRIC 130, 232

Capabilities Developed in this Course

- Capability 1: Disciplinary Knowledge and Practice
- Capability 2: Critical Thinking
- Capability 3: Solution Seeking
- Capability 5: Independence and Integrity
- Capability 6: Social and Environmental Responsibilities

Graduate Profile: [Bachelor of Sport, Health and Physical Education](#)

Learning Outcomes

By the end of this course, students will be able to:

1. Identify aquatic hazards and apply key principles of water safety and self-management for drowning prevention and safe participation (Capability 3.2)
2. Demonstrate aquatic-based competencies in a range of outdoor contexts (Capability 1.1)
3. Describe the social and cultural factors that influence personal and group involvement in aquatic activities (Capability 2.1 and 3.2)
4. Develop awareness, appreciation, knowledge, understanding, and responsible actions for the care and protection of aquatic environments (Capability 3.2, 5.1 and 6.1)

Assessments

Assessment Type	Percentage	Classification
Assignment Personal water Competencies	50%	Individual Coursework
Practical	50%	Individual Coursework
2 types	100%	

Assessment Type	Learning Outcome Addressed			
	1	2	3	4
Assignment Personal water Competencies	✓		✓	
Practical		✓		✓

To pass this course students must submit all assessments and achieve at least 50% for the overall course

Workload Expectations

This course is a standard 15 point course and students are expected to spend hours per week involved in each 15 point course that they are enrolled in.

For this course, you can expect 36 hours of lectures / tutorial, 64 hours of reading and thinking about the content and 50 hours of work on assignments and/or test preparation.

Delivery Mode

Campus Experience

Attendance is required at scheduled activities including to complete the course.

Lectures will not be available as recordings.

The activities for the course are scheduled as a block delivery in the last two weeks of January

Learning Resources

Course materials are made available in a learning and collaboration tool called Canvas which also includes reading lists and lecture recordings (where available).

Please remember that the recording of any class on a personal device requires the permission of the instructor.

Student Feedback

At the end of every semester students will be invited to give feedback on the course and teaching through a tool called SET or Qualtrics. The lecturers and course co-ordinators will consider all feedback and respond with summaries and actions.

Your feedback helps teachers to improve the course and its delivery for future students.

Class Representatives in each class can take feedback to the department and faculty staff-student consultative committees.

Academic Integrity

The University of Auckland will not tolerate cheating, or assisting others to cheat, and views cheating in coursework as a serious academic offence. The work that a student submits for grading must be the student's own work, reflecting their learning. Where work from other sources is used, it must be properly acknowledged and referenced. This requirement also applies to sources on the internet. A student's assessed work may be reviewed against online source material using computerised detection mechanisms.

Class Representatives

Class representatives are students tasked with representing student issues to departments, faculties, and the wider university. If you have a complaint about this course, please contact your class rep who will know how to raise it in the right channels. See your departmental noticeboard for contact details for your class reps.

Inclusive Learning

All students are asked to discuss any impairment related requirements privately, face to face and/or in written form with the course coordinator, lecturer or tutor.

Student Disability Services also provides support for students with a wide range of impairments, both visible and invisible, to succeed and excel at the University. For more information and contact details, please visit the [Student Disability Services' website](http://disability.auckland.ac.nz) <http://disability.auckland.ac.nz>

Special Circumstances

If your ability to complete assessed coursework is affected by illness or other personal circumstances outside of your control, contact a member of teaching staff as soon as possible before the assessment is due.

If your personal circumstances significantly affect your performance, or preparation, for an exam or eligible written test, refer to the University's [aegrotat or compassionate consideration page](https://www.auckland.ac.nz/en/students/academic-information/exams-and-final-results/during-exams/aegrotat-and-compassionate-consideration.html) <https://www.auckland.ac.nz/en/students/academic-information/exams-and-final-results/during-exams/aegrotat-and-compassionate-consideration.html>.

This should be done as soon as possible and no later than seven days after the affected test or exam date.

Learning Continuity

In the event of an unexpected disruption, we undertake to maintain the continuity and standard of teaching and learning in all your courses throughout the year. If there are unexpected disruptions the University has contingency plans to ensure that access to your course continues and course assessment continues to meet the principles of the University's assessment policy. Some adjustments may need to be made in emergencies. You will be kept fully informed by your course co-ordinator/director, and if disruption occurs you should refer to the university website for information about how to proceed.

Student Charter and Responsibilities

The Student Charter assumes and acknowledges that students are active participants in the learning process and that they have responsibilities to the institution and the international community of scholars. The University expects that students will act at all times in a way that demonstrates respect for the rights of other students and staff so that the learning environment is both safe and productive. For further information visit [Student Charter](https://www.auckland.ac.nz/en/students/forms-policies-and-guidelines/student-policies-and-guidelines/student-charter.html) <https://www.auckland.ac.nz/en/students/forms-policies-and-guidelines/student-policies-and-guidelines/student-charter.html>.

Disclaimer

Elements of this outline may be subject to change. The latest information about the course will be available for enrolled students in Canvas.

In this course students may be asked to submit coursework assessments digitally. The University reserves the right to conduct scheduled tests and examinations for this course online or through the use of computers or other electronic devices. Where tests or examinations are conducted online remote invigilation arrangements may be used. In exceptional circumstances changes to elements of this course may be necessary at short notice. Students enrolled in this course will be informed of any such changes and the reasons for them, as soon as possible, through Canvas.