



# Creative Arts and Industries

## DANCE 101G : Introduction to Dance and Creative Processes (15 POINTS)

### Course Prescription

To develop an understanding of our moving bodies through movement awareness, dance improvisation, choreography and creative and analytic writing. Students will undertake both theoretical and practical classes focusing on a range of practices that dancers and movement practitioners use to facilitate kinaesthetic awareness, experimentation, communication and choreography. Students will explore somatic theory and practice, improvisation scores, choreography and dance analysis. DANCE 101G not available for BDanceSt.

### Course Overview

In Dance 101G we will develop an understanding of our moving bodies through movement awareness, dance improvisation, choreography, and creative and analytic writing. Each week students will experience both theoretical and practical classes which focus on a range of practices that dancers and movement practitioners use to facilitate kinaesthetic awareness, experimentation, play, communication and choreography. Students will explore somatic theory and practice, improvisation scores, choreography, dance analysis, and contact improvisation. Students will also explore the relationship between dance and other artistic disciplines. Your objectives within this paper are to:

- Experience a range of approaches to dance as a practice that is accessible for any body.
- Develop movement awareness through listening in to your body, and working with others in the class.
- Develop movement awareness by practicing ways to extend the exploration of movement ideas onto the page, through reflective writing.
- Explore a range of starting points for dance improvisation using scores, and practice developing improvisation texts in the moment.
- Practice the fundamentals of Contact Improvisation dancing and history.
- Review selected academic journal articles and study specific historical contexts and events.
- Explore the relationship between dance and other artistic disciplines

### Course Requirements

No pre-requisites or restrictions

### Capabilities Developed in this Course

Capability 1: Disciplinary Knowledge and Practice

Capability 2: Critical Thinking

Capability 3: Solution Seeking

Capability 4: Communication and Engagement

Capability 5: Independence and Integrity

Graduate Profile: [University](#)

### Learning Outcomes

By the end of this course, students will be able to:

1. Use somatic, improvisation, and choreographic dance practices to develop ideas which grow from perception of your own moving body and experiences. (Capability 1 and 3)
2. Understand a diverse range of dance practices, and confidently articulate ideas around these practices through mediums that reflect the nature of the work and thinking involved. (Capability 1, 2 and 4)
3. Access further information from the literature and appropriate industry networks. (Capability 1, 3 and 5)

### Assessments

Assessment Type	Percentage	Classification
Study in Creativity	20%	Individual Coursework
Dance making assignment	10%	Individual Coursework
Artistic Project	20%	Individual Coursework
Final Exam	50%	Individual Coursework
4 types	100%	

Assessment Type	Learning Outcome Addressed		
	1	2	3
Study in Creativity	✓		
Dance making assignment	✓	✓	✓
Artistic Project	✓	✓	✓
Final Exam	✓	✓	✓

## Teaching & Learning Methods

- Dance workshops
- Lectures
- Video
- Discussion
- Making and performing dance
- Critically reading and responding to articles

## Workload Expectations

This course is a standard 15 point course and students are expected to spend 10 hours per week involved in each 15 point course that they are enrolled in.

For this course, you can expect 1 hour of lectures, a 2 hour tutorial, 2 hours of reading and thinking about the content and 2 hours of work on assignments and/or test preparation.

## Delivery Mode

### Campus Experience

Attendance is required at scheduled activities. Make-up activities are available if students are unwell.

Lectures will be available as recordings. Studio labs will not be available as recordings.

The course will not include live online events.

Attendance on campus is required for the exam.

The activities for the course are scheduled as a standard weekly timetable.

## Health & Safety

### HEALTH AND SAFETY STATEMENT

Warming up properly is essential; you cannot do a practical class if you are not warm as you are running the risk of injuring yourself. It is your responsibility to warm up sufficiently, as we expect to be able to start the class immediately and not take up valuable class time getting everyone 'warm'.

Please inform us of any injury or health related circumstances that are relevant to your full participation in the course. If you develop a new injury, or if an old injury surfaces during the course, let us know about it before class, or as soon as it happens in class – if you are unsure about your injury or pain ASK us about it, and ALWAYS seek medical advice from medical professionals.

Please be alert of personal security when rehearsing – rehearse with a friend if possible.

Please take care of mental, physical and social wellbeing. If you need support or/and advice or need to raise a concern please speak with your lecturer or head of Department or University Counsellor ph. 09 923 7681.

If there is an accident or injury:

1. Ensure members of the classroom are safe.
2. Contact help, ring the Dance Studies Office on ext. 88750, University Security on ext. 85000 or if need be an

ambulance on 111.

3. For soft tissue injuries (e.g. sprains, sore legs, twisted ankles) remember RICER – Rest, Ice, Compression, Elevation, Referral

4. First aid kits are kept in the KMC women's changing room and at the Dance Studies Office.

Staff must report all injuries to the Dance Studies Office.

### Student Feedback

At the end of every semester students will be invited to give feedback on the course and teaching through a tool called SET or Qualtrics. The lecturers and course co-ordinators will consider all feedback and respond with summaries and actions.

Your feedback helps teachers to improve the course and its delivery for future students.

Class Representatives in each class can take feedback to the department and faculty staff-student consultative committees.

### Other Information

As Dance 101 G is a practical course, students need to come prepared for lectures in clothes appropriate for a dance studio - track pants and a t-shirt is ideal. It's a good idea to have layers and a pair of socks. It is important to be on time for dance workshops, and to arrive in a spirit of respect and care for the creative processes of others.

### Digital Resources

Course materials are made available in a learning and collaboration tool called Canvas which also includes reading lists and lecture recordings (where available).

Please remember that the recording of any class on a personal device requires the permission of the instructor.

### Academic Integrity

The University of Auckland will not tolerate cheating, or assisting others to cheat, and views cheating in coursework as a serious academic offence. The work that a student submits for grading must be the student's own work, reflecting their learning. Where work from other sources is used, it must be properly acknowledged and referenced. This requirement also applies to sources on the internet. A student's assessed work may be reviewed against online source material using computerised detection mechanisms.

### Inclusive Learning

All students are asked to discuss any impairment related requirements privately, face to face and/or in written form with the course coordinator, lecturer or tutor.

Student Disability Services also provides support for students with a wide range of impairments, both visible and invisible, to succeed and excel at the University. For more information and contact details, please visit the [Student Disability Services' website](http://disability.auckland.ac.nz) <http://disability.auckland.ac.nz>

### Special Circumstances

If your ability to complete assessed coursework is affected by illness or other personal circumstances outside of your control, contact a member of teaching staff as soon as possible before the assessment is due.

If your personal circumstances significantly affect your performance, or preparation, for an exam or eligible written test, refer to the University's [aegrotat or compassionate consideration page](https://www.auckland.ac.nz/en/students/academic-information/exams-and-final-results/during-exams/aegrotat-and-compassionate-consideration.html) <https://www.auckland.ac.nz/en/students/academic-information/exams-and-final-results/during-exams/aegrotat-and-compassionate-consideration.html>.

This should be done as soon as possible and no later than seven days after the affected test or exam date.

### In the event of unexpected disruption

We undertake to maintain the continuity and standard of teaching and learning in all your courses throughout the year. If there are unexpected disruptions, the University has contingency plans to ensure that access to your course continues and your assessment is fair, and not compromised. Some adjustments may need to be made in emergencies. In the event of a disruption, the University and your course coordinators will make every effort to provide you with up to date information via Canvas and the University website.

### Student Charter and Responsibilities

The Student Charter assumes and acknowledges that students are active participants in the learning process and that they have responsibilities to the institution and the international community of scholars. The University expects that students will act at all times in a way that demonstrates respect for the rights of other students and staff so that the learning environment is both safe and productive. For further information visit [Student Charter](https://www.auckland.ac.nz/en/students/forms-policies-and-guidelines/student-policies-and-guidelines/student-charter.html) <https://www.auckland.ac.nz/en/students/forms-policies-and-guidelines/student-policies-and-guidelines/student-charter.html>.

### Disclaimer

Elements of this outline may be subject to change. The latest information about the course will be available for enrolled students in Canvas.

In this course you may be asked to submit your coursework assessments digitally. The University reserves the right to conduct scheduled tests and examinations for this course online or through the use of computers or other electronic devices. Where tests or examinations are conducted online remote invigilation arrangements may be used. The final decision on the completion mode for a test or examination, and remote invigilation arrangements where applicable, will be advised to students at least 10 days prior to the scheduled date of the assessment, or in the case of an examination when the examination timetable is published.