

Academic Area: Psychology and Psychiatry

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Please find the following subjects and associated programs related to Psychology or Psychiatry. (Please note: For exact program dates and subject offerings for programs with multiple sessions, please visit the specific program web pages).

July in Aix-en-Provence, France

[\(Click to view course and program details\)](#)

HUMAN SEXUALITY - PSY 230B/C – 3 credits

This course will discuss past and present analysis on research and historical underpinnings influencing the cultural evolution of sexuality across cultures. Sexual behaviours and identity will be discussed through personal development, culture, and biological influences as well as the influence of attitudes, behaviours, knowledge, practices and myths on human sexuality. Course content will also examine sexuality throughout different developmental stages. May include visits to local clinics and possible interviews with mental health care professionals in Aix.

ABNORMAL PSYCHOLOGY - PSY 333B/C – 3 credits

This course examines the historical conception of abnormal psychology and what is culturally considered abnormal behaviour. A connection is drawn from the historical foundations of abnormal psychology to present-day assessment, diagnosis, theory, research, causes and treatment. By using a bio-psycho-social framework, students will explore the development and utilization of appropriate preventative and intervention measures. This course may include potential visits to local clinics and possible interviews with mental health care professionals in Aix.

July in Barcelona, Spain

[\(Click to view course and program details\)](#)

CROSS CULTURAL PSYCHOLOGY AND EARLY CHILDHOOD DEVELOPMENT - PSY 320 – 3 Credits

Taught in English. Psychology has conventionally situated itself as universally applicable science, however, it can be described as a “modernist” and European-American phenomenon. This course explores the cultural aspects of psychology, examining how biology, psychology, and culture interact in the context of contemporary Spanish and North American societies. One of the key contributions of cultural psychology is thematizing the different filters that moderate how psychological phenomena are understood. These filters, which operate at both conceptual and epistemological levels in large part circumscribe how psychology is studied and applied. This course will provide a conceptual foundation for the understanding of psychology and culture, with a focus on human development, the self, intergroup relations, and cross-cultural communication. The study abroad experience will be used to experientially examine and apply the material covered in class. Finally, wider application of the material in the context of mental health and its care will be explored.

July in Chicago, IL, USA

[\(Click to view course and program details\)](#)

STATISTICS - PSYC 304 – 3 US Credits

Fundamentals of statistical analysis in psychology and related fields. Topics include frequency distributions, central tendency, variability, graphical presentation, normal distribution correlation, sampling distributions and tests of statistical significance including analysis of variance.

RESEARCH METHODS - PSYC 306 – 3 US Credits

Logic and theory of the scientific method. Basic statistics and principles of research methodologies employed in approaching major problem areas in psychology. Written descriptions of research findings. This is a writing intensive course.

July in Cusco, Peru

[\(Click to view course and program details\)](#)

COMMUNICATION PSYCHOLOGY – 3 Credits

Taught in English. The aim of this course is to help students comprehend our social environment through a psychological interpretation of different forms of communication. The course explores the role of language as the fundamental tool in the communication process, the use of linguistic signs, and the concepts of message, transmission and

reception. Also, a critical review is offered of mass media content, through a deconstruction of the methods and strategies underlying psychological impact.

July in Florence, Italy

[\(Click to view course and program details\)](#)

WANDERLUST: THE PHYSICAL AND EMOTIONAL ART OF WALKING – LAPLWA300 – 3 credits

This course will introduce students to the world of walking as an artistic, philosophical, political, literary, inspirational - as well as physical - experience. While exploring different types of walking, the concept of “wanderlust” will also be analysed and discussed from both an anthropological and philosophical perspective, to provide students with a thorough overview of the traveling and walking experience both in natural and urban landscapes. Different types of walking activities will be an integral component of the course, allowing students to reflect upon walking as an act of desire, escape, imagination, freedom, rebellion and well-being.

July in London, England

[\(Click to view course and program details\)](#)

PSYCHOLOGY OF CITY LIFE – 5PSYC001X – Class Level 5

This model aims to provide students with the opportunity to engage with a range of topics and issues in psychology that relate to growing up and living in or visiting a large global city such as London, England. It will bring together research and theory from a number of areas of psychology and forensic psychology. Topics include: Stress & Wellbeing; Crime & Aggression; Loneliness, Prosocial behaviour, and Resilience. Lectures will discuss recent research and seminars will provide students with practical activities, visualisation through documentaries and guided discussions related to each topic.

MYTH AND METHOD IN PSYCHOLOGY – 4PSYC001X – Class Level 4

In this module, we will explore the scientific evidence for phenomena widely accepted by the public but whose scientific validity remains open to challenge including, for example, astrology and near-death experiences. We will examine the methods used in the investigation of such popular myths and examine, from a psychological perspective, the factors which underlie how they grow and are sustained. The module involves a critical review of the scientific evidence for these phenomena, and general consideration of the application of scientific method.

July in Los Angeles, CA, USA

[\(Click to view course and program details\)](#)

DIS STD M139. PERSPECTIVES ON AUTISM AND NEURODIVERSITY – 4 US Credits

Seminar, three and one half hours. Genealogy of autism as diagnostic category and cultural phenomenon from its historical roots as new, rare, and obscure condition in early 1940s to its current contested status as minority identity and/or global epidemic. Examination of material sourced from various fields and disciplines invested in autism, including psychology, neuroscience, arts and humanities, popular media, anthropology, activism, and critical autism studies. Students encounter and analyze multiple perspectives on autism and put them in conversation with one another. Attention paid to way people on spectrum define, explain, and represent their own experiences of autism and discussion of what ramifications of these multiple framings are in context of autism intervention strategy and disability policy today.

EE BIOL 186. EVOLUTIONARY MEDICINE: CLINICAL PERSPECTIVE ON MEDICAL, SURGICAL AND PSYCHIATRIC DISORDERS – 4 US Credits

Lecture, three hours; discussion, one hour. From breast cancer and heart failure to self-injury, obsessive compulsive and eating disorders, all contemporary medical issues have evolutionary roots. Understanding of application of evolutionary thought to issues faced by physicians, veterinarians, psychologists, and other healthcare providers. Development of awareness and understanding of evolutionary roots of these disorders provides future healthcare providers with expanded perspective that enhances their practice and benefits their patients in whatever field they enter. Letter grading.

GENDER M165. PSYCHOLOGY OF GENDER – 4 US Credits

Lecture, three hours. Consideration of psychological literature relevant to understanding contemporary sex differences. Topics include sex-role development and role conflict, physiological and personality differences between men and women, sex differences in intellectual abilities and achievement, and impact of gender on social interaction.

PHILOS 7. INTRODUCTION TO PHILOSOPHY OF MIND – 5 US Credits

Lecture, three hours; discussion, one hour. Introductory study of philosophical issues about nature of the mind and its relation to the body, including materialism, functionalism, behaviorism, determinism and free will, nature of psychological knowledge.

PHILOS 129. PHILOSOPHY OF PSYCHOLOGY: MIND AND SOCIETY – 4 US Credits

Lecture, three to four hours; discussion, one hour (when scheduled). Preparation: one 4-unit psychology course, one philosophy course. Selected philosophical issues arising from psychological theories. Nature of perception and issues about perceptual psychology and development of important types of representation (e.g., of body, cause, agency) in early childhood. Relevance of computer simulation to accounts of thinking and meaning;

relations between semantical theory and learning theory; psychological aspects of theory of syntax. May be repeated for credit with consent of instructor.

How--if at all--do humans have objective, value-neutral access to information about external world? Contemporary empirical work on cases of so-called cognitive penetration, stereotype threat, and implicit bias suggest that in many cases, background beliefs about social stereotypes and prejudices might unconsciously change and shape way we view world, beliefs we form about others, and how we navigate social world. By reading contemporary works in philosophy, psychology, cognitive science, and computer science, students explore topic and aim to answer questions such as when social biases affect perceptions and beliefs about world; whether it matters if we never have objective access to information about world; how biases that individuals harbor relate to larger societal biases (do they contribute to institutional and structural injustices, are they results of such injustices, or both); and what can be done to mitigate effects of social biases on individuals and society.

PSYCTRY 175. MINDFULNESS PRACTICE AND THEORY – 4 US Credits

Seminar, five hours. Designed for beginners; prior experience with meditation not required. Introduction to mindfulness, including basic mindfulness meditation practices, both sitting and moving, ways to deepen positive emotions like gratitude, kindness, and joy, and methods for integrating more awareness and creativity into ordinary activities. Examination of varying meditative traditions as well as emerging science on beneficial effects of mindfulness practice for mental and physical health. Beneficial effects include reduced stress, improved attention, reduced emotional reactivity, and greater mind-body awareness. Learning and development of practical skills of relational mindfulness in interactions with others.

PSYCTRY M182. PERSONAL BRAIN MANAGEMENT – 4 US Credits

Seminar, four hours. Basic overview of brain function and consideration of some management methods that exist already, and what future may hold. New methods for predicting our own futures and modeling what if scenarios that might alter risks and benefits of different courses of action, based on individual genetic background and other elements of personal history and environmental exposures. Introduction to key principles from science of behavior change, illustrating how important health-related behavioral habits are and how difficult these can be to change and why. Coverage of series of topics that center on personal enhancement of well-being through consideration of stress management, long-term goal and value identification, mapping of long-term goals onto immediate actions, reinforcement learning, meditation, neurofeedback, and time management. Critical appraisal of tools to help students distinguish scientifically validated procedures.

PSYCH 10. INTRODUCTORY PSYCHOLOGY – 4 US Credits

Lecture, four hours. General introduction including topics in cognitive, experimental, personality, developmental, social, and clinical psychology; six hours of psychological research and a grade of C or better required of all departmental premajors.

PSYCH 15. INTRODUCTORY PSYCHOBIOLOGY – 4 US Credits

Lecture, three hours. Designed for nonmajors. Survey of genetic, evolutionary, physiological, pharmacological, and experiential factors affecting behavior. Using comparative approach where appropriate, emphasis on relevance of biological mechanisms to understanding of humans and their interaction with their environment.

PSYCH 85. INTRODUCTION TO COGNITIVE SCIENCE – 4 US Credits

Lecture, three hours. Exploration of computer metaphor of mind as an information-processing system, focusing especially on perception, knowledge representation, and thought based on research in cognitive psychology, neuropsychology, and artificial intelligence. Many examples from visual information processing.

PSYCH 100A. PSYCHOLOGICAL STATISTICS – 4 US Credits

Lecture, four hours. Requisites: course 10 with a grade of C or better, and one course from Computer Science 2, Mathematics 2, Program in Computing 10A, Statistics 10, or one term of calculus. Designed for premajors. Basic statistical procedures and their application to research and practice in various areas of psychology.

PSYCH 100B. RESEARCH METHODS IN PSYCHOLOGY – 6 US Credits

Lecture, two hours; laboratory, four hours. Enforced requisites: courses 10 and 100A, with grades of C or better. Introduction to research methods and critical analysis in psychology. Lecture and laboratory topics include experimental and nonexperimental research methods, statistical design and analysis as applied to a broad range of basic and applied research issues.

PSYCH 112B. PSYCHOBIOLOGY OF FEAR AND ANXIETY – 4 US Credits

Lecture, three hours. Requisites: courses 10, 100A, 110. Recommended: course 115. Designed for juniors/seniors. Presentation of biological and behavioral approaches to fear and anxiety, taken from laboratory and applied research. In addition to overview of major principles from each approach, emphasis on areas in which significant research advances have recently occurred. Examination of concordance and discordance between results from laboratory and applied research.

PSYCH 116. BEHAVIORAL NEUROSCIENCE LABORATORY – 4 US Credits

Lecture, one hour; laboratory, three hours. Requisites: courses 10, 100A, 100B, 115. Designed for Psychobiology and Psychology majors. Laboratory experience with various topics in behavioral neuroscience.

PSYCH 118. COMPARATIVE PSYCHOBIOLOGY – 4 US Credits

Requisite: course 115. Designed for junior/senior majors. Survey of determinants of species-specific behavior, including genetic influences and learning.

PSYCH 119A. NEUROPSYCHOPHARMACOLOGY OF EMOTION AND COGNITION – 4 US Credits

Lecture, three hours. Requisite: course 115 or M117C. Limited to juniors/seniors. Analysis of basic pharmacologic principles, with emphasis on neurochemical modulation of emotional regulation and cognitive processes in normal and diseased state.

PSYCH 119I. INTEGRATION OF FACE AND BRAIN – 4 US Credits

Seminar, three hours. Requisite: course 115 or M117C. Faces play major role in social interactions in both humans and nonhuman primates and in other animals as well. Exploration of neuroanatomical, neurophysiological, and neurofunctional underpinnings of face processing (attractiveness, emotional expressions, facial skin, identity recognition, based on empirical studies that use behavioral responses in neuroimaging techniques, in effects of types of brain damage, in physiological responses, and in psychopathological states. Discussion of evolutionary approaches to faces, as well as relationship between specific genetic mutations affecting both brain and facial appearance.

PSYCH 126. CLINICAL PSYCHOLOGY LABORATORY – 4 US Credits

Laboratory, four hours. Requisites: courses 10, 100A, 100B, and 127A or 127B or 127C. Designed for departmental majors. Methods, designs, and issues in conduct of clinical psychology research. Students develop and conduct research. Content varies by instructor, with concentration on one of following: schizophrenia, mood disorders, anxiety disorders, childhood disorders, psychophysiological methods, observational methods with couples and families.

PSYCH 127A. ABNORMAL PSYCHOLOGY – 4 US Credits

Lecture, three hours. Requisite: course 10. Not open for credit to students with credit for course 127B or 127C. Study of dynamics and prevention of abnormal behavior, including neuroses, psychoses, character disorders, psychosomatic reactions, and other abnormal personality patterns.

PSYCH 130. DEVELOPMENTAL PSYCHOLOGY – 4 US Credits

Discussion, one hour; laboratory, three hours. Requisites: courses 10, 100A, 100B, and 130 or one course from 133A through 133I. Designed for Psychology and Cognitive Science majors. Forms of scientific writing; ethics of research, especially with minors; special advantages and problems of asking developmental research questions; relevant methodologies for experimental and observational work; data analyses and data presentation options.

PSYCH 135. SOCIAL PSYCHOLOGY – 4 US Credits

Lecture, three hours; discussion, one hour. Requisites: courses 10, 100A. Designed for juniors/seniors. Interrelationships between the individual and his social environment. Social influences on motivation, perception, and behavior. Development and change of attitudes and opinions. Psychological analysis of small groups, social stratification, and mass phenomena.

PSYCH M139. PERSPECTIVES ON AUTISM AND NEURODIVERSITY – 4 US Credits

Seminar, three and one half hours. Genealogy of autism as diagnostic category and cultural phenomenon from its historical roots as new, rare, and obscure condition in early 1940s to its current contested status as minority identity and/or global epidemic. Examination of material sourced from various fields and disciplines invested in autism, including psychology, neuroscience, arts and humanities, popular media, anthropology, activism, and critical autism studies. Students encounter and analyze multiple perspectives on autism and put them in conversation with one another. Attention paid to way people on spectrum define, explain, and represent their own experiences of autism and discussion of what ramifications of these multiple framings are in context of autism intervention strategy and disability policy today.

PSYCH 150. INTRODUCTION TO HEALTH PSYCHOLOGY – 4 US Credits

Lecture, three hours. Requisite: course 10. Areas of health, illness, treatment, and delivery of treatment that can be elucidated by understanding of psychological concepts and research, psychological perspective on these problems, and how psychological perspective might be enlarged and extended in medical area.

PSYCH M165. PSYCHOLOGY OF GENDER – 4 US Credits

Lecture, three hours. Consideration of psychological literature relevant to understanding contemporary sex differences. Topics include sex- role development and role conflict, physiological and personality differences between men and women, sex differences in intellectual abilities and achievement, and impact of gender on social interaction.

SOCIOL 128. SOCIOLOGY OF EMOTIONS – 4 US Credits

Lecture, three hours; discussion, one hour. Requisite: course 1. Designed for juniors/seniors. Sociological theories and explanations of social conditions shaping and producing emotional experiences; effects of individual expression of emotions on social conditions; relations between thought, sensations, and emotions; self and emotions; social construction of emotions.

July in San Jose, Costa Rica

[\(Click to view course and program details\)](#)

HEALTH PSYCHOLOGY – PSY220 – 3 Credits

The World Health Organisation defines health as “a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity”. Based on this definition, the concepts of health and illness have changed. Today, health care professionals (doctors, nurses, physiotherapists, etc.) must have a bio-psycho-social approach to patient health. It is extremely important that they have a general understanding of health psychology, which studies how biology, behaviour and social context influence health and illness. This provides a truly integrated approach to treating

patients. In this course, we will discuss some of the most common topics related to health psychology that are pertinent to the health care professions.

CULTURAL PSYCHOLOGY – PSY3050 – 3 Credits

This course introduces students to the field of psychology, and examines the influence of culture on human behaviour and cognitive processes. “Culture” is defined as the shared norms, values and behaviours of groups, and of the individuals within those groups. We will focus on such topics as cultural factors in self-concept, gender roles, motivation, cognition, emotions, relationships and social values. Our exploration will be based on psychological theories, research, guest lecturers and field experiences.

July in Stirling, Scotland

[\(Click to view course and program details\)](#)

THE PSYCHOLOGY OF ART WITH A TARTAN TWIST

The only requirement is interest in the Visual Arts and/or Psychology. Scotland has a rich visual art tradition from the prehistoric to the contemporary. Are there universal principles underlying Art reflecting the way the brain works? How did Art start? What can children’s drawings tell us? How does the difference in looking by artists and non-artists affect drawing and aesthetic judgment? How does culture affect aesthetic preference? What makes particular Works of Art iconic? We will examine neuroscience, neuropsychology, cognitive science (including eye tracking), an ethnography of the Art world, and experiential learning to consider process (making art) and aesthetics (appreciating art). There will be an excursion to exhibitions at the renowned Edinburgh International Festival.

January in Aix-en-Provence, France

[\(Click to view course and program details\)](#)

PSYCHOLOGY 333: ABNORMAL PSYCHOLOGY

This course examines the historical conception of abnormal psychology and what is culturally considered abnormal behaviour. A connection is drawn from the historical foundations of abnormal psychology to present-day assessment, diagnosis, theory, research, causes and treatment. A bio-psycho-social framework of understanding abnormal behaviour will be used throughout the course. More specifically, biological or genetic causes, environmental causes and social causes for the manifestation and onset of abnormal behaviours will be utilised. Understanding abnormal behaviour through this framework will further assist with the development and utilisation of appropriate preventative and intervention measures.

January in New York City, USA

[\(Click to view course and program details\)](#)

ICBS302: INTERGROUP RELATIONS – UNDERSTANDING PREJUDICE, STEREOTYPING, AND DISCRIMINATION – 3 US Credits

This seminar course will provide an overview of theoretical perspectives, research methods, empirical findings, and practical applications of psychological research on prejudice, stigma, and intergroup relations. Students will better understand psychological principles underlying prejudiced attitudes and discriminatory behaviours, gain a more objective view of their personal beliefs and behaviours, and further develop their ability to critically think about the nature of evidence and arguments from a scientific perspective.

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